

8 ways to spark creativity

- 1 Mind Mapping: start with one word, and simply follow where your mind takes you. List every word that follows. See all of the unexpected connections!
- 2 Alternative Uses: Choose a random object to start with. Give yourself two minutes to think of as many ways as possible that you could use that object.
- 3 Scribble Challenge: Make a simple scribble on a piece of paper, then turn that scribble into what you see. Try this with a partner!
- 4 Master Study: Choose an artwork from one of the masters (example: Van Gogh or Georgia O'Keefe) and recreate it with the medium of your choice.
- 5 Brain Dump: Declutter your mind by "brain dumping" for half an hour. Simply write any and all thoughts down on paper. Don't judge these thoughts--just write!
- 6 New Observations: Choose an object and write down everything you can possibly observe about it for 15 minutes--the longer you look the more you'll see!
- 7 Found Sculpture: look around you. Use the objects in your house to create a temporary "found object" sculpture.
- 8 Creating Connections: choose two objects that appear to be very different from one another. Then, write down everything you can think of to make connections between the two objects.

get your creative juices flowing!